

Triaminic Night Time Cold & Cough

Syrup

Diphenhydramine hydrochloride 6.25 mg/5 ml,
Phenylephrine hydrochloride 2.5 mg/5 ml

1 WHAT TRIAMINIC NIGHT TIME COLD & COUGH IS, HOW IT WORKS AND WHAT IT IS USED FOR

What Triaminic Night Time Cold & Cough is

Triaminic Night Time Cold & Cough is a syrup that contains a combination of diphenhydramine hydrochloride and phenylephrine hydrochloride.

What Triaminic Night Time Cold & Cough is used for

Triaminic Night Time Cold & Cough is used for the temporary relief of sneezing, itchy nose or throat, runny nose, itchy and watery eyes due to hay fever, nasal and sinus congestion, cough due to minor throat and bronchial irritation as may occur with a cold.

How Triaminic Night Time Cold & Cough works

Triaminic Night Time Cold & Cough contains a combination of antihistamine/cough suppressant and nasal decongestant.

If you have any questions about how Triaminic Night Time Cold & Cough works, ask your doctor or pharmacist.

2 BEFORE YOU USE TRIAMINIC NIGHT TIME COLD & COUGH

Do not give Triaminic Night Time Cold & Cough to a child:

- who is allergic to diphenhydramine or phenylephrine or any of the ingredients of Triaminic Night Time Cold & Cough (see the list of ingredients at the end of the leaflet, section 6);
- who is using or has, within the past two weeks, used monoamine oxidase (MAO) inhibitor drugs to treat depression. If you do not know if the child's prescription drug contains an MAO inhibitor, ask a doctor or pharmacist before giving this product;
- who is using any other product containing diphenhydramine, even one used on skin.

Do not use for the purpose of making your child sleepy.

Tell your doctor or pharmacist if any of the above apply because Triaminic Night Time Cold & Cough is not suitable for your child in these circumstances.

Take special care with Triaminic Night Time Cold & Cough

Ask a doctor or pharmacist before giving this medicine to a child if the child has any of the following medical problems:

- Heart disease;
- High blood pressure;
- Thyroid disease;
- Diabetes;
- Glaucoma;
- Cough that occurs with too much phlegm (mucus);
- Chronic cough that lasts, or as occurs with asthma;
- Breathing problem such as asthma or chronic bronchitis.

Triaminic Night Time Cold & Cough should only be used with caution by anybody suffering from difficulty in urination due to the enlargement of the prostate gland.

If any of the above apply, do not give or use Triaminic Night Time Cold & Cough before talking to your doctor or pharmacist.

Children

Triaminic Night Time Cold & Cough should not be used in children under 4 years of age and should only be used when directed by a doctor in children 4 to under 6 years of age.

Taking other medicines

Check with your doctor or pharmacist before giving Triaminic Night Time Cold & Cough to your child if your child is taking or has recently taken other medicines, including those obtained without a medical prescription.

This product may cause marked drowsiness, which may be increased by concomitant use of sedatives and tranquilizers.

Triaminic Night Time Cold & Cough should not be used with any other product containing diphenhydramine, even one used on skin.

Pregnancy and breast-feeding

The use of Triaminic Night Time Cold & Cough is not recommended if you are pregnant or breast-feeding. You should consult your doctor or pharmacist for advice before taking any medication.

Driving and using machines

Triaminic Night Time Cold & Cough may cause drowsiness. Your child should avoid riding bicycle or scooters in the traffic.

3 HOW TO USE TRIAMINIC NIGHT TIME COLD & COUGH

Children under 4 years of age: do not use.

Children 4 to under 6 years of age: do not use unless directed by a doctor.

Children 6 to under 12 years of age: 2 teaspoonful (10 ml). May be given every 4 hours. Do not give more than 6 doses (60 ml) in 24 hours unless directed by a doctor.

Do not exceed the recommended dose.

If your child takes more Triaminic Night Time Cold & Cough than he should

If your child takes too much Triaminic Night Time Cold & Cough, contact your doctor or poison control center immediately, even if there are no symptoms.

Stop use and ask a doctor if:

- symptoms do not improve within 7 days or occur with a fever;
- Cough persists for more than 7 days, comes back or occurs with a fever, rash, or persistent headache.

These could be signs of a serious condition.

4 POSSIBLE SIDE EFFECTS

Like all medicines, Triaminic Night Time Cold & Cough can cause side effects in some people.

If you notice any of the following side effects, stop using Triaminic Night Time Cold & Cough and tell your doctor or pharmacist immediately:

- Dizziness, drowsiness, somnolence

Other side effects may occur, such as:

- Nervousness, sleeplessness, excitability, especially in children

If any of the side effects gets serious or if you notice any other side effect not mentioned in this leaflet, please tell your doctor or pharmacist.

5 HOW TO STORE TRIAMINIC NIGHT TIME COLD & COUGH

Keep all medicines out of the reach and sight of children.

Do not use Triaminic Night Time Cold & Cough after the expiry date which is stated on the pack.

Do not use if the seal imprinted on with "Triamini" around the bottle cap is broken or missing.

The expiry date refers to the last day of that month.

Store in the original package.

6 FURTHER INFORMATION

What Triaminic Night Time Cold & Cough contains

The **active substances** of Triaminic Night Time Cold & Cough are Diphenhydramine hydrochloride + Phenylephrine hydrochloride.

The **other ingredients** are Acesulfame K, benzoic acid, citric acid, edetate disodium, FD&C Blue #1, FD&C Red #40, flavor, maltitol solution, propylene glycol, purified water, sodium citrate.

Each teaspoonful contains 6 mg of sodium.

What Triaminic Night Time Cold & Cough looks like and contents of the pack:

Available in polypropylene bottles of 4 fl oz (118 ml). Grape flavor.

Triaminic Night Time Cold & Cough is supplied as a syrup.

Each teaspoonful (5 ml) contains 6.25 mg of Diphenhydramine hydrochloride and 2.5 mg of Phenylephrine hydrochloride.

This leaflet was approved: [March 2011](#)